

Professional Identity Development: Careers in Medicine (ACE 300)

Elective Course (two week)

This course provides career advising for students in their third year at SSOM who are having difficulty selecting a specialty using the resources provided in PCM. Although the course is designed to be a two-week elective, scheduling will be flexible so the course can be completed over time during clerkships without undue hardship. There will be three required meetings with the course instructor, meetings with members of an individualized faculty advising committee, and two brief reflection papers. Due to the accelerated pace of the two week elective, students must complete several assessments on the Careers in Medicine website (www.aamc.org/cim/) and have results available at the initial meeting with the course instructor.

Course Objectives - Students will:

- Demonstrate self-awareness related to their professional identity as a physician in training
- Demonstrate familiarity with resources both local (SSOM, LUHS) and web based (e.g., AAMC-CiM, AMA)
- Assemble an individualized team of advisors
- Assess their competitiveness and identify strategies to address any gaps or weaknesses
- Use assessments, written and verbal reflection, and decision-making techniques to compile a list of specialties and narrow the list to fit their situation.

Phase 1

ASSESSMENTS MUST BE COMPLETED AND EMAILED TO INSTRUCTOR PRIOR TO FIRST MEETING

- Myers-Briggs Type Inventory (MBTI)
- Physicians' Values in Practice Scale (PVIPS)
- Medical Specialty Preference Inventory (MSPI)
- Specialty Indecision Scale (SIS)
- Clinical Rotation Evaluation form (CiM website) for relevant rotations
- Initial session with course instructor
 - Assessment feedback
 - Compile a list of 2-4 specialties based on self-exploration
 - Evaluate your competitiveness for each identified specialty
 - Identify a faculty advising committee:
 1. Course instructor
 2. Faculty advisor
 3. Faculty specialty advisors
 4. Student Affairs dean
- Plan an interview and contact specialty advisors for a meeting.
- Write a summary reflection of the interviews and your clinical experience (±500 words, due at second course meeting).

Phase 2

- Session 2 with course instructor
- Use one or more decision making models (e.g. cost-benefit, pro/con lists) with your specialty list.
- Write a personal statement paragraph for each specialty (Due at final session with course instructor)
- Write a reflection that incorporates the following: (a) the process of writing personal statements, (b) using the decision making models, and (c) insights from advising team interviews. (±500 words, Due at final session with course instructor)
- Final session with course instructor

Phase 3: Post-course Follow-up – Not required for the course but strongly recommended

Develop a schedule and study plan for completion of Step 2

Revise/Compile curriculum vita

Identify letter writers

Complete Residency Preference Exercise (CIM)

Research residency training programs through the AMA's FREIDA Online

Write a Five Year Plan

Make a plan (w/date checkpoints) to follow up with advising team through the application process

Evaluation: The course will be graded according to the following scale:

Honors: 93%-100%

High Pass: 85%-92%

Pass: 70%-84%

- Phase 1
 - Initial session with course instructor (15%)
 - Meeting with faculty advising committee (15%)
 - Specialty advisor interview/clinical experience reflection (±500 words, 25%)
- Phase 2
 - Session 2 with course instructor (10%)
 - Decision making/personal statement reflection (±500 words, 25%)
 - Final session with course instructor (10%)